

Modified Music Selection Descriptions

调制音乐选择描述

ENGAGEMENT 参与

Sensory Modulation 感觉调控

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
Links to Modulation 调控联系	<ul style="list-style-type: none"> • Generic synthesized music • Simple melodic structure • Simple rhythm • Little depth or spaciousness • High contrast between high and low frequencies (foreground/background) • 通用合成的音乐 • 简单的旋律结构 • 简单的节奏 • 些许深度或广度 • 高频和低频（前景/背景）的鲜明对比 	<ul style="list-style-type: none"> • Sensory modulation difficulties • Auditory defensiveness • Disruptions in homeostatic functions (sleep/wake, bowel/bladder, appetite cycles) • Stiffness in middle ear muscles due to ear infections • 感觉调控困难 • 听觉防御 • 自我平衡功能紊乱（睡/醒，大小便，食欲周期） • 耳部感染导致的中耳肌肉僵硬
Links to Space 空间联系	<ul style="list-style-type: none"> • Refer to Engagement: Space category for description • 参考“参与：空间”分类的描述 	
Rhythm & Rhyme 节奏&韵律	<ul style="list-style-type: none"> • Familiar children's songs • Voice accompanied by piano, guitar, and flute • Simple melodic structure • Simply rhythm • Captivating and generally well-accepted music • 熟悉的儿童歌曲 • 人声伴以钢琴、吉他和长笛 • 简单的旋律结构 • 简单的节奏 • 令人着迷而广泛喜爱的音乐 	<ul style="list-style-type: none"> • Sensory modulation difficulties • Pre-school client, especially when wearing headphones may be an issue • Facilitation of core activation • Promotion of vocalizations, singing, and phonological awareness • 感觉调控困难 • 学龄前客户，特别是可能不容易佩戴耳机的 • 协助核心活化 • 鼓励发声，唱歌和语音意识
Peach Jamz 桃子之声	<ul style="list-style-type: none"> • Familiar children's songs • Gentle voice accompanied by guitar, piano, and cello • Piano provides structure, time is clearly marked by guitar, and cello enhances body awareness and grounding for place in space • Simple melodic structures • Simple rhythm • 熟悉的儿童歌曲 • 温柔的人声伴以吉他、钢琴和大提琴 • 钢琴提供结构，时间由吉他清晰地标识，大提琴增强身体意识，扎根于所处的空间中。 • 简单的旋律结构 • 简单的节奏 	<ul style="list-style-type: none"> • Sensory modulation difficulties • Opens windows for vocalizations, emotional tone, and connectedness • Promotion of body-voice connection with expression of the physical me • Facilitates core activation • 感觉调控困难 • 为发音，情绪基调和联结创造机会 • 通过表达身体的我来鼓励身体-声音的联结 • 促进核心激活

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
Razzberry Jamz 覆盆子之声	<ul style="list-style-type: none"> • Classic children's songs that appeal to a wide age range • Jazzy improvisations • Varied instrumentation with simple, rhythmical structure • 经典的儿童歌曲，受不同年龄段人群的喜欢 • 爵士风格的即兴演奏 • 不同的乐器演奏，结构简单、有节奏 	<ul style="list-style-type: none"> • Sensory modulation difficulties • Opens windows for social connectedness • Facilitates core movement and motor planning • 感觉调控困难 • 为社交联结创造机会 • 协助核心运动和运动计划
Early Mozart 早期莫扎特	<ul style="list-style-type: none"> • Mozart's earlier work, composed at age 13 • Compositions are lighter and less intense than his later pieces • Small orchestra gives the pieces a sense of intimacy • 莫扎特的早期作品，13岁创作 • 相比他的后期作品，曲风更明快，没有太强烈 • 小管弦乐队给予乐曲一种亲密感 	<ul style="list-style-type: none"> • Sensory modulation difficulties • Effective for improving overall regulation of arousal and mood • Increases social connectedness and reciprocity • Encourages a calm, quiet-alert state • 感觉调控困难 • 对改善总的觉醒和情绪调节有效 • 增加社交联结和互惠 • 鼓励形成平和而安静-警觉的状态
Mozart for Modulation 莫扎特调节	<ul style="list-style-type: none"> • Piano, flute, and orchestra • Piano provides structure and grounding Flute invites attention outward • Inherent dialogue within music with conversational call and response (arrhythmic symmetry) • Simple melodies woven together in storyline- type structure • Instrumentation provides foreground (focal), while accompaniment provides background (ambient) • 钢琴、长笛和管弦乐队 • 钢琴提供结构和扎根，长笛使注意力指向外部 • 音乐内在的对话与对话式的呼唤和应答（无节奏的对称） • 简单的旋律与故事线风格的结构相交织 • 乐器演奏提供前景（焦点）而伴奏提供背景（周围） 	<ul style="list-style-type: none"> • Sensory modulation difficulties • Enhancement of language skills and social skills, especially in younger clients • Auditory-figure ground modulation • Organization of overall activity level • 感觉调控困难 • 语言技能和社交技能的增强，特别是对于年幼的客户 • 听觉—图形成地（形象）调控 • 总的活动水平的组织

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ENGAGEMENT 参与

Space 空间

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
<p>Links to Space 空间联系</p>	<ul style="list-style-type: none"> • Generic synthesized music • Nature sounds and acoustic instruments enhance spatial qualities and perception • Simple melodic structure • 通用合成的音乐 • 自然的声音和原声乐器强化空间特质和觉察 • 简单的旋律结构 	<ul style="list-style-type: none"> • Sensory modulation • Poor spatial awareness and spatial organization • Low frequency sound sensitivities (vacuum, blender, lawn mower, etc.) • Not focused or outwardly connected • 感觉调控 • 空间知觉和空间组织能力差 • 低频声音敏感（吸尘器，搅拌机，修剪机等） • 不能聚焦或向外联系
<p>Nature Pop 自然流行乐</p>	<ul style="list-style-type: none"> • Familiar musical selections interwoven with nature sounds • Voice accompanied by strings, piano, flute, woodwinds, percussion, and nature sounds • Simple melodic structure Very rhythmical • 熟悉的音乐选择，与自然的声音交织 • 人声伴以弦乐，钢琴，长笛，木管乐器，打击乐器和自然的声音 • 简单的旋律结构，节奏性强 	<ul style="list-style-type: none"> • Poor spatial awareness and spatial organization • Core activation with emotional tone • Facilitation of auditory-motor integration and postural organization • Sensory modulation • 空间知觉和空间组织能力差 • 核心激活加上情绪基调 • 协助听觉-运动统合和姿势组织 • 感觉调控
<p>Nature Winds 自然的风声</p>	<ul style="list-style-type: none"> • Simple, innocent, flowing, melodic structure • Varied rhythm of slow and lively interwoven with dance movements • Displays Mozart's profound talent for composing and blending a vast range of sounds <ul style="list-style-type: none"> ○ Utilizes thirteen wind instruments without loss of expression ○ Instrumentation: clarinet, oboe, bassoon, double bass, basset horn • 简单，纯真，流畅，旋律性结构 • 节奏或缓慢或轻快，与舞蹈动作交织 • 展示莫扎特在作曲和混合大跨度的声音方面极佳的天赋 <ul style="list-style-type: none"> ○ 使用13中木管乐器而没有牺牲表达 ○ 乐器演奏：单簧管，双簧管，巴松，低音提琴，巴塞管 	<ul style="list-style-type: none"> • Poor spatial awareness • Poor social or academic organization • Attention • 空间觉知能力差 • 社交和学业组织能力差 • 专注力

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
<p>Nature Classics 自然古典乐</p>	<ul style="list-style-type: none"> • This music selection has classical pieces from Bach and Carulli • This music lends itself to helping with organization, focus and structure • Played by small groups of musicians, thus helping with following the melody (sequencing) and not overwhelming one with a full orchestra • The combinations are: <ul style="list-style-type: none"> ○ Flute and Piano ○ Flute and Guitar ○ Violin, Flute and Guitar • The rhythms, as well as, the tempos vary • Several tracks feature a structural persistent beat, helping with task completion • Offers a clear auditory space, while also providing richness in the textures contained within the matrix of benign nature surround • Overall a very strong album for organization and discrimination • 这个音乐选集有巴赫和卡卢利的古典片段 • 这个音乐用来帮助组织，聚焦以及结构 • 由一小群音乐家演奏，因此有助于跟随旋律(顺序)，而不是让整个管弦乐队压倒一个人 • 组合有： <ul style="list-style-type: none"> ○ 长笛和钢琴 ○ 长笛和吉他 ○ 小提琴、长笛和吉他 • 节奏以及拍子多变 • 一些音轨具有结构性的持续跳动，有助于完成任务 • 提供了一个清晰的听觉空间，同时也提供了丰富的纹理包含在良性的自然环境中 • 总的来说，这是一张对组织和辨别非常强有力的专辑 	<ul style="list-style-type: none"> • Refinement of spatial awareness and spatial organization • Difficulties with academic organization, motivation, and attention • Refinement of postural organization and facilitating grounded attention outward due to the melodies that invite a focused attentiveness while keeping the space around you present • 改良空间意识和空间组织 • 在学业组织、动力及注意力上有困难的 • 改善姿势组织以及促进稳固的注意力向外，因为旋律能让你集中注意力，同时保持周围的空间

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调制音乐选择描述

INTERACTION 互动

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
Rhythm and Rhyme 节奏和韵律	<ul style="list-style-type: none"> Refer to Engagement category for description 描述请参考“参与”类别 	
Peach Jamz 桃子之声	<ul style="list-style-type: none"> Refer to Engagement category for description 描述请参考“参与”类别 	
Razzberry Jamz 覆盆子之声	<ul style="list-style-type: none"> Refer to Engagement category for description 描述请参考“参与”类别 	
Apricot Jamz 杏之声	<ul style="list-style-type: none"> Familiar musical selections revolving around jungle themes Simple to complex melodies with subtle improvisation Rhythm is dominant feature Percussion and drums reinforce sound patterns 熟悉的音乐选择，主题围绕丛林 从简单到复杂的旋律配以即兴演奏 节奏是主要特点 打击乐和鼓强化声音模式 	<ul style="list-style-type: none"> Sensory modulation Promotion of bilateral integration, timing, and sequencing Facilitation of auditory-motor integration, postural organization, and core activation Supports higher level functions of attention, arousal, and expression 感觉调控 鼓励双侧统合，定时和排序 协助听觉-运动统合，姿势组织和核心激活。 支持专注、觉醒和表达功能的更高水平
Surf Jamz 海浪之声	<ul style="list-style-type: none"> Surf genre music with guitars (electric, rhythm, acoustic), keyboard, drums Guitar marks time Simple, repetitive melodic structure grounds listener Strong varying rhythms are captivating Low spectral predominance 海浪音乐类型配有吉他（电子，节奏，民乐），键盘，鼓 吉他标志时间 简单，重复的旋律结构使听者扎根 强而多变的节奏非常吸引人 低声谱占有 	<ul style="list-style-type: none"> Sensory modulation, especially sensory seeking Refinement of timing and sequencing Facilitation of postural organization and core activation Strong need for physical intensity Good initial selection for teenagers, especially grumpy boys 感觉调控，特别针对感觉寻求 定时和排序的精准 协助姿势组织和核心激活 运动强度的强烈需求 对青少年来说是很好初选，特别是爱发脾气的男孩

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
Baroque for Modulation 巴洛克调节	<ul style="list-style-type: none"> • Chamber orchestra and flute • Simple to complex melodies • Fast-slow-fast tempo • Fast rhythms capture attention • Slow rhythms impact physiology (heart rate, respiration, suck/swallow/breathe synchrony) which can calm and focus attention • Rich in overtones while maintaining definitive bass line • Overtones invite attention and engagement outward • Lower frequencies provide grounding and organization • 室内管弦乐和长笛 • 简单到复杂的旋律 • 快-慢-快的节拍 • 快节奏捕捉注意力 • 慢节奏影响生理（心跳，呼吸，吮吸/吞咽/呼吸同步）使人平静，专注 • 泛音丰富同时保持明确的低音线 • 泛音使人专注并参与外部 • 低频率让人扎根和组织 	<ul style="list-style-type: none"> • Postural activation, core activation, and breath activation • Subtle modulation issues • Activation of body for engagement and interaction (“low engine”) • Refinement of attention • 姿势激活，核心激活，呼吸激活 • 微妙的调控问题 • 使身体活化，进行参与和互动（“低引擎”） • 专注力精细化
Pop Tunes 流星乐调	<ul style="list-style-type: none"> • Guitar, drums, bass, keyboard • Electronic effects provide novelty to capture and retain attention • Full spectrum of sound • Familiarity through use of current popular music • Powerful rhythms in techno, rock, and slow beats ignite and support movement through variety • Variety of vocal styles • 吉他,鼓,低音号,键盘 • 电子效应带来新奇, 捕捉和保持注意力 • 全部声谱 • 使用当前流行的音乐来提升熟悉度 • 科技乐,摇滚和慢拍的强烈节奏通过多样性来引发和支持运动 • 人声风格的多样 	<ul style="list-style-type: none"> • Postural activation • Energizing • Increased affective expression • Supports motor planning, bilateral integration and praxis • Provides a rhythmic ground for interaction • 姿势激活 • 使人增添精力 • 增加情感表达 • 支持运动计划，双侧统合和运用能力 • 为互动提供节奏性基础

Modified Music Selection Descriptions

INTERACTION 互动 (cont. 续)

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
<p>Grape Jamz 葡萄之声</p>	<ul style="list-style-type: none"> • 2 percussionists, bass, guitar, piano, woodwinds • Basic familiar melodies with improvisation • Simple strong rhythms with strong bass line • Low spectral predominance • 2个打击乐, 低音号, 吉他, 钢琴, 木管乐器 • 基本而熟悉的旋律, 伴有即兴创作 • 简单而有力的节奏配以强大的低音线 • 低声谱占有 	<ul style="list-style-type: none"> • Postural organization and core activation • Basic timing • Auditory-motor integration • Sensory modulation, especially seeking the need for more information from vestibular and proprioceptive senses • 姿势组织和核心激活 • 基本的定时 • 听觉-运动统合 • 感觉调控, 特别是寻找和从前庭和本体感觉需要更多信息
<p>Strawberry Jamz 草莓之声</p>	<ul style="list-style-type: none"> • Classic and contemporary client's songs • Voice accompanied by strings, piano, flute, woodwinds, percussion, and nature sounds • Strings (cello, guitar, banjo, bass) provide organization for body movement • Piano offers structure for organization • Flute and woodwinds capture attention and foster connection and communication • Percussion captures and maintains attention • Simple melodic structure • Very rhythmical • 经典和当代客户的歌曲 • 人声伴以弦乐, 钢琴, 长笛, 木管乐器, 打击乐, 和自然的声音 • 弦乐 (大提琴, 吉他, 班卓琴, 低音号) 为身体运动提供组织 • 钢琴提供组织所需的结构 • 长笛和木管乐器捕捉注意力并培养联结和交流 • 打击乐捕捉和保持注意力 • 简单的旋律结构 • 节奏性很强 	<ul style="list-style-type: none"> • Core activation with emotional tone • Connectedness • Language/communication skills • Sensory modulation • Increasing range of affective expression • 核心激活配以感情基调 • 连接 • 语言/交流技能 • 感觉调控 • 感受表达的范围扩大

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
Vivaldi for Modulation 维瓦尔第调节	<ul style="list-style-type: none"> • Concerto and full orchestra • String, lute, bassoon, recorder, piccolo, violin, harpsichord • Fast-slow-fast tempo (60 beats/minute) • Fast rhythms capture & maintain attention • Slow rhythms entrain biological rhythms to support quiet, alert state • Melodic structure ranges from simple to complex • Mid-high spectral predominance • 协奏曲和大管弦乐队 • 弦乐, 鲁特琴, 巴松, 八孔直笛, 短笛, 小提琴, 羽管键琴 • 快-慢-快节奏 (每分钟60拍) • 快节奏捕捉和保持注意力 • 慢节奏带有生物节奏来支持安静而警觉的状态 • 旋律结构从简单到复杂 • 主要为中-高音谱 	<ul style="list-style-type: none"> • Refinement of sensory modulation, orientation, & postural activation • Poor auditory processing in complex environments • Difficulty discriminating background/foreground sounds • Sensitivity to sounds in higher frequency range, including speech • Refinement of attention, language, and academic skills • 改善感觉调控、定向和姿势激活 • 复杂环境中听觉处理差 • 辨别背景/前景声方面困难 • 高频声音敏感, 包括语言 • 注意力、语言和学业技能的改善
Bach for Modulation 巴赫调节	<ul style="list-style-type: none"> • Concertos • Violin, cello, harpsichord, orchestra • Harpsichord marks time and grounds listener • Violin elicits precise focus • Intricate melodic structures seamlessly integrated together • Weaves between fast and slow tempos • Strong rhythms invite active mental and physical engagement • Slower rhythms (60-72 beats/min.) entrain suck/swallow/breathe synchrony and quiet, alert learning state • High spectral predominance • Used later in a listening program when sensory modulation issues have improved • 协奏曲 • 小提琴, 大提琴, 羽管钢琴, 管弦乐团 • 羽管钢琴标记时间并使听者扎根 • 小提琴引发精确的注意力 • 复杂的旋律结构无缝融合在一起 • 快速和慢速交织 • 强烈的节奏引发活跃的头脑和身体参与 • 慢节奏 (每分钟60-72拍) 与吮吸/吞咽/呼吸同步保持一致, 并带来安静, 警觉的学习状态 • 主要为高音谱 • 感觉调控问题得以改善以后, 用于后期的学习项目 	<ul style="list-style-type: none"> • Refinement of postural activation, core activation, and breath activation • Refinement of connection • Refinement of modulation • Refinement of attention and receptive learning (i.e. spelling, vocabulary, facts) • 姿势激活、核心激活和呼吸激活的改善 • 改善连接 • 改善调控 • 注意力和吸收式学习 (即拼写, 词汇, 事实) 的改善

Modified Music Selection Descriptions

调制音乐选择描述

DISCRIMINATION 辨别

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
Peach Jamz 桃子之声	<ul style="list-style-type: none"> Refer to the Engagement category for description 描述参考“参与”分类 	
Early Mozart 早期莫扎特	<ul style="list-style-type: none"> Refer to the Engagement category for description 描述参考“参与”分类 	
Mozart for Modulation 莫扎特调节	<ul style="list-style-type: none"> Refer to the Engagement category for description 描述参考“参与”分类 	
Strawberry Jamz 草莓之声	<ul style="list-style-type: none"> Refer to the Interaction category for description 描述参考“参与”分类 	
Baroque for Modulation 巴洛克调节	<ul style="list-style-type: none"> Refer to the Interaction category for description 描述参考“参与”分类 	
Vivaldi for Modulation 维瓦尔第调节	<ul style="list-style-type: none"> Refer to the Interaction category for description 描述参考“参与”分类 	
More Mozart for Modulation 莫扎特再调节	<ul style="list-style-type: none"> Concertos featuring piano, violin, flute, harp, and cello Piano supports organized body movement Flute invites attention outwards Arrhythmic phrases in a rhythmic fashion Melodies weaved together in storyline-type structure More complex and more emotional tone than Mozart for Modulation Used later in a listening program when sensory modulation issues have improved 协奏曲以钢琴,小提琴,长笛,竖琴和大提琴为特点 钢琴支持有组织的身體运动 长笛引发向外的专注力 节奏风格中有无节奏阶段 旋律与故事线般的结构相交织 比“莫扎特调节”更复杂,更具有情绪基调 感觉调控问题得以改善以后,用于后期的学习项目 	<ul style="list-style-type: none"> Refinement of modulation Refinement of connection and social turn-taking Refinement of attention and academics Difficulties with oral motor and respiratory function; Entrains suck/swallow/breathe rhythms Enhances auditory discrimination 调控的精调 联结和社交轮换的精调 专注力和学业的精调 口运动和呼吸功能困难; 与吮吸/吞咽/呼吸节奏同步 增强听觉辨别力

Album Title 专辑名称	Elements of Music 音乐元素	Clinical Applications 临床应用
Mozart Strings #1 莫扎特之弦#1	<ul style="list-style-type: none"> • Three Mozart string quartets • Two violins, viola, and cello • Short melodic phrases are interwoven with each member having a voice • Complex rhythms with arrhythmic symmetry • Overtones quality of strings are most similar to human voice and provide powerful emotion expression within music • Used later in a listening program when sensory modulation issues have improved <ul style="list-style-type: none"> • 三个莫扎特弦乐四重奏 • 两把小提琴，中提琴和大提琴 • 简短的旋律阶段相互交织，每个成员都有声音 • 复杂的节奏伴随无节奏对称 • 弦乐的泛音质量最类似人声，在音乐中提供强烈的感情表达 • 感觉调控问题得以改善以后，用于后期的学习项目 	<ul style="list-style-type: none"> • Refinement of attention • Refinement of academics and pragmatics Refinement of modulation • Enhances auditory discrimination in complex environments <ul style="list-style-type: none"> • 注意力精调 • 学业和语用能力精调 • 增强在复杂环境中听觉的辨识能力
Bach for Modulation 巴赫调节	<ul style="list-style-type: none"> • Refer to the Interaction category for description 描述参考“互动”分类 	