# Profile 1 档案1

For severe sensory defensiveness or severe regulatory issues 对于严重感觉防御或严重调节问题

#### **General Characteristics for Profile 1:**

档案1的普通特点

- Constricted emotional range— quickly moves to shut down 受限的情绪范围 - 快速关闭
- Poor foreground/background 前景/背景较差
- Difficulty orienting to sound 对声音作出反应有困难
- Difficulty processing complex sounds 有困难处理复杂的声音
- Difficulty filtering extraneous noises 有困难过滤外来的噪音
- Poor eye contact 较差的眼神接触

- Severe sensory defensiveness and/or auditory defensiveness; gravitation insecurity 严重的感觉防御和/或听觉防御: 重力不安全感
- Dependent on caregiver for basic regulation (sleep/wake, bowel/bladder) 基本调节依赖于照护者(睡眠/醒来,大小便)
- Challenged by transitions or changes in routine 过渡和常规改变带来挑战
- Environmental sensitivities and/or food allergies 环境敏感和/或食物过敏
- Limited diet due to food allergies/sensitivities 因食物过敏/敏感而受限的饮食

## Map for Choosing Music 选择音乐的地图

#### Engagement: 参与

Sensory Modulation 感觉调控
Links to Modulation 调控联系
Links to Space 空间联系
Rhythm & Rhyme 节奏 & 韵律
Peach Jamz\* 桃子之声
Razzberry Jamz 覆盆子之声
Early Mozart 早期莫扎特
Mozart for Modulation 莫扎特调节



## Engagement: 参与

<u>Space 空间</u>

Links to Space 空间联系

### Interaction: 互动

Rhythm & Rhyme 节奏 & 韵律 Peach Jamz\* 桃子之声 Razzberry Jamz 覆盆子之声 Apricot Jamz 杏之声 Baroque 巴洛克



## Discrimination: 区别

Peach Jamz\* 桃子之声 Early Mozart 早期莫扎特 Mozart for Modulation 莫扎特调节 Strawberry Jamz 草莓之声 Baroque 巴洛克

<sup>\*</sup>Also available in Spanish 也有西班牙语版本

## **Special Considerations for Starting a Program for Profile 1:**

为档案1开始一个项目的特殊考虑:

- For extreme dysregulation, Links to Modulation might be a good choice 对于极端的功能失调,调控联系可能是一个好的选择
- Begin in Space when there are difficulties with low frequency sounds (vacuum, hair dryer, blender)

当在低频率声音(吸尘器、吹风机、搅拌机)中有困难时,从空间开始

- To capture a preschooler or when there is difficulty with headphones, use Rhythm & Rhyme or Peach 要捉到一个学龄前儿童或使用耳机有困难时,用节奏&韵律或桃子
- School-age or adult may begin with Mozart for Modulation 学龄儿童或成年人可能从莫扎特调节开始
- For this profile you may use 5-6 of the albums for the Engagement boxes before moving on 对于这一档案,在前进之前,你可能使用5-6张参与盒子里的专辑

# Profile 2 档案2

For mild to moderate sensory defensiveness and regulatory or core issues that have subtle impact on function 对于轻度到中度的感觉防御和调节或核心问题,对功能有微妙的影响

#### General Characteristics for Profile 2: 档案2的普通特点

- Auditory defensiveness 听觉防御
- Challenges with transitions and changes in routine 过渡和常规改变带来挑战
- Attention issues 注意力的问题
- Praxis issues 运用能力的问题
- Poor filtering (auditory and/or visual distractibility) 较差的过滤(听觉和/或视觉的分心)

- Mild to moderate sensory defensiveness 轻度到中度的感觉防御
- Reactivity to texture sensation (clothes, hair, food) 对有纹理的感觉的反应(衣服、头发、食物)
- Picky eater 挑食
- Gravitational insecurity 重力不安全感
- Poor attention in complex auditory environments 在复杂的听觉环境中较差的注意力

## Map for Choosing Music 选择音乐的地图

### Engagement: 参与

Sensory Modulation 感觉调控 Links to Modulation 调控联系 Links to Space 空间联系 Rhythm & Rhyme 节奏 & 韵律 Peach Jamz\* 桃子之声 Razzberry Jamz 覆盆子之声 Early Mozart 早期莫扎特 Mozart for Modulation 莫扎特调节



#### Engagement: 参与

Space 空间
Links to Space 空间联系
Nature Pop 自然流行乐
Nature Winds 自然的图声

Nature Winds 自然的风声 Nature Classics 自然古典乐



## Interaction: 互动

Rhythm & Rhyme 节奏 & 韵律 Peach Jamz\* 桃子之声 Razzberry Jamz 覆盆子之声

Apricot Jamz (timing and sequencing) 杏之声 (时间和顺序) Surf Jamz (timing and sequencing) 海浪之声(时间和顺序)

Baroque (breath activation) 巴洛克(呼吸激活)

Pop Tunes (postural activation) 流行音乐(姿势激活)

Grape Jamz (vestibular activation) 葡萄之声(前庭激活)

Strawberry (core with emotion) 草莓(核心和情绪)

Vivaldi (breath activation) 维瓦尔第(呼吸激活)



#### Discrimination: 区别

Early Mozart 早期莫扎特 Mozart 莫扎特 Strawberry Jamz 草莓之声 Vivaldi 维瓦尔第 More Mozart 更多的莫扎特 \* Also available in Spanish 也有西班牙语版本

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## **Special Considerations for Starting a Program for Profile 2:**

为档案2开始一个项目的特殊考虑:

- Address regulation issues first 首先处理调节问题
- Music selections that appear in both the Engagement and Interaction boxes make a good second choice 在参与和互动盒子中出现的音乐选项是一个好的第二选择
- Move to Discrimination only after you have noted improvements in regulation and core issues 在你注意到调节和核心问题的改善后,移动到区别

# Profile 3 档案3

For mild sensory defensiveness and/or very subtle regulatory issues that have been compensated for or have resolved 对于已被补偿或解决了的轻度的感觉防御和/或非常微妙的调节问题

#### **General Characteristics for Profile 3:**

档案3的普通特点

- Decreased postural activation/lacks refinement 减弱的姿势激活/缺少改讲
- Fluctuating modulation/emotional tone/attention 波动的调节/情绪基调/注意力
- Difficulty with motor planning that requires spatial elements 需要空间元素的动作计划的困难
- Difficulty with spatial skills 空间技能的困难
- Poor praxis 较差的运用能力
- Decreased BMC/poor timing and sequencing 双侧运动协调减弱/较差的时间观和排序

- Auditory and/or visual processing deficits 听觉和/或视觉处理障碍
- Poor attention in complex environments 在复杂环境中较差的注意力
- Poor attention especially with a performance demand 尤其在有表现需求时较差的注意力
- Difficulty organizing space (i.e., room, desk, locker)
   组织空间困难(如房间、书桌、柜子)
- Auditory and visual distractibility 听觉和视觉注意力分散

## Map for Choosing Music 选择音乐的地图

# Engagement: 参与 Sensory Modulation 感觉调控 Rhythm & Rhyme 节奏 & 韵律 Peach Jamz\* 桃子之声 Razzberry Jamz 覆盆子之声 Early Mozart 早期莫扎特 Mozart for Modulation 莫扎特调节 Engagement: 参与 Space 空间 Nature Pop 自然流行乐 Nature Winds 自然的风声 Nature Classics 自然古典乐

#### Interaction: 互动

Apricot Jamz (timing and sequencing) 杏之声(时间和顺序)
Surf Jamz (timing and sequencing) 海浪之声(时间和顺序)
Baroque (breath activation) 巴洛克(呼吸激活)
Grape Jamz (vestibular activation) 葡萄之声(前庭激活)
Pop Tunes (postural activation) 流行音乐(姿势激活)
Strawberry (core with emotion) 草莓(核心和情绪)
Vivaldi (breath activation) 维瓦尔第(呼吸激活)
Bach (biological rhythm regulation) 巴赫(生物节奏调节)



More Mozart 更多的莫扎特 Mozart Strings 莫扎特弦乐 Bach 巴赫 \* Also available in Spanish 也有西班牙语版本

## **Special Considerations for Starting a Program for Profile 3:**

为档案1开始一个项目的特殊考虑:

3 of 3 ©Vital Links • Address regulation issues, even if they occurred in the past (may have learned avoidance/compensation strategies). Mozart for Modulation may be a good first choice.

处理调节问题,甚至是发生在过去的(可能有学习逃避/代偿策略)。莫扎特调节可能是一个好的第一选择。

- If issues are more spatial, make sure to clean these up by using selections from Engagement Space 如果问题更多是空间上的,确保使用参与空间的选择来清除这些问题
- If issues are more vestibular, use Grape, Baroque, and Surf to assist in vestibular-proprioceptive integration 如果问题更多是前庭上的,使用葡萄、巴洛克和海浪来辅助前庭-本体感觉的统合
- Use Apricot for timing and sequencing 针对时间和排序,使用杏
- Once core is activated, use albums in Discrimination box to help with discrimination of details 当核心被激活时,使用区别盒子里的专辑来帮助细节的辨别