

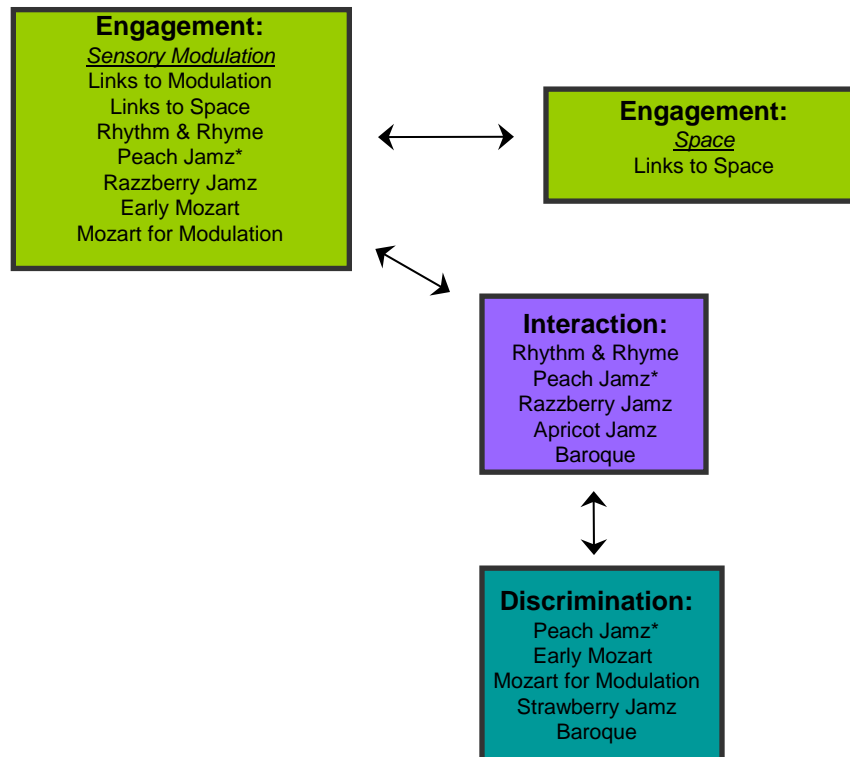
# Profile 1

For severe sensory defensiveness or severe regulatory issues

## General Characteristics for Profile 1:

- Constricted emotional range— quickly moves to shut down
- Poor foreground/background
- Difficulty orienting to sound
- Difficulty processing complex sounds
- Difficulty filtering extraneous noises
- Poor eye contact
- Severe sensory defensiveness and/or auditory defensiveness; gravitation insecurity
- Dependent on caregiver for basic regulation (sleep/wake, bowel/bladder)
- Challenged by transitions or changes in routine
- Environmental sensitivities and/or food allergies
- Limited diet due to food allergies/sensitivities

## Map for Choosing Music



\*Also available in Spanish

## Special Considerations for Starting a Program for Profile 1:

- For extreme dysregulation, Links to Modulation might be a good choice
- Begin in Space when there are difficulties with low frequency sounds (vacuum, hair dryer, blender)
- To capture a preschooler or when there is difficulty with headphones, use Rhythm & Rhyme or Peach
- School-age or adult may begin with Mozart for Modulation
- For this profile you may use 5-6 of the albums for the Engagement boxes before moving on

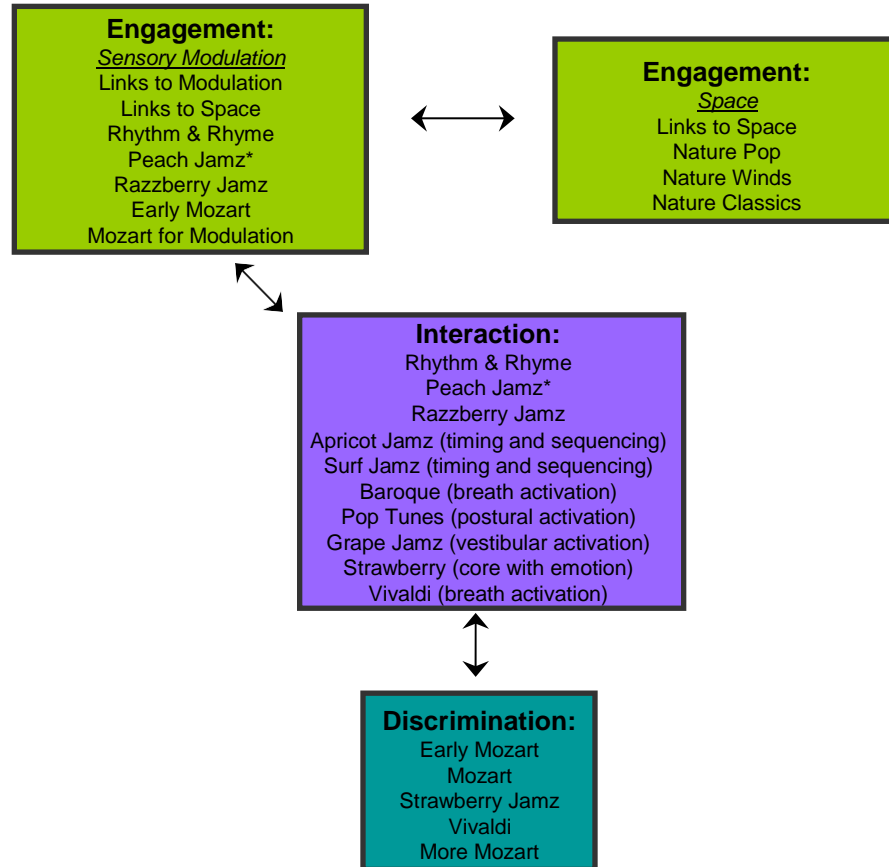
## Profile 2

For mild to moderate sensory defensiveness and regulatory or core issues that have subtle impact on function

### General Characteristics for Profile 2:

- Auditory defensiveness
- Challenges with transitions and changes in routine
- Attention issues
- Praxis issues
- Poor filtering (auditory and/or visual distractibility)
- Mild to moderate sensory defensiveness
- Reactivity to texture sensation (clothes, hair, food)
- Picky eater
- Gravitational insecurity
- Poor attention in complex auditory environments

### Map for Choosing Music



\* Also available in Spanish

### Special Considerations for Starting a Program for Profile 2:

- Address regulation issues first
- Music selections that appear in both the Engagement and Interaction boxes make a good second choice
- Move to Discrimination only after you have noted improvements in regulation and core issues

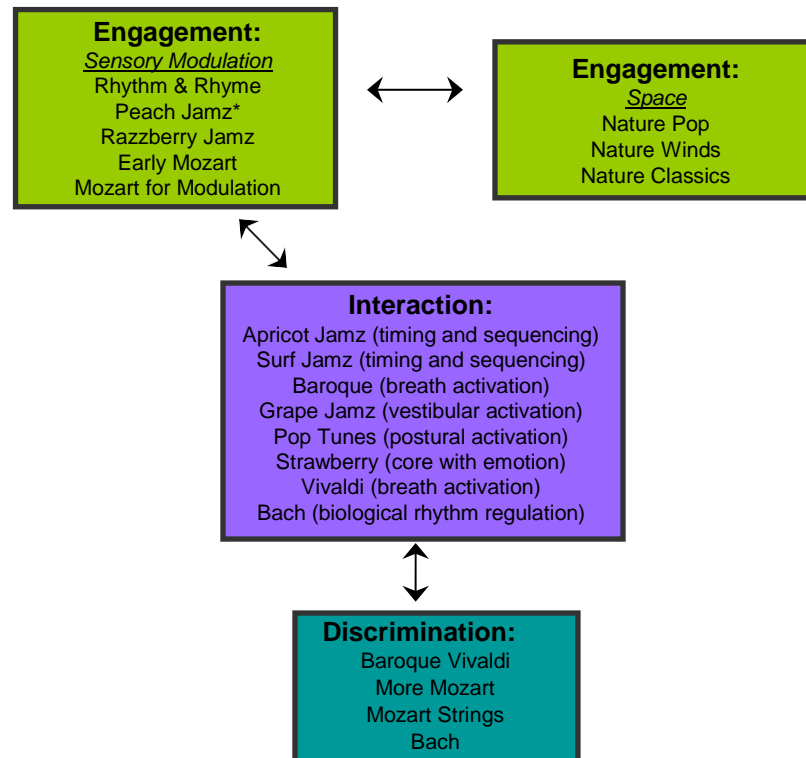
## Profile 3

For mild sensory defensiveness and/or very subtle regulatory issues that have been compensated for or have resolved

### General Characteristics for Profile 3:

- Decreased postural activation/lacks refinement
- Fluctuating modulation/emotional tone/attention
- Difficulty with motor planning that requires spatial elements
- Difficulty with spatial skills
- Poor praxis
- Decreased BMC/poor timing and sequencing
- Auditory and/or visual processing deficits
- Poor attention in complex environments
- Poor attention especially with a performance demand
- Difficulty organizing space (i.e., room, desk, locker)
- Auditory and visual distractibility

### Map for Choosing Music



\* Also available in Spanish

### Special Considerations for Starting a Program for Profile 3:

- Address regulation issues, even if they occurred in the past (may have learned avoidance/compensation strategies). Mozart for Modulation may be a good first choice.
- If issues are more spatial, make sure to clean these up by using selections from Engagement Space
- If issues are more vestibular, use Grape, Baroque, and Surf to assist in vestibular-proprioceptive integration
- Use Apricot for timing and sequencing
- Once core is activated, use albums in Discrimination box to help with discrimination of details