

Quickshift & Gearshifter Start-Up Guide

快速转变 & 变速杆 启动指南

Quickshift & Gearshifter albums: 快速转变 & 变速杆 专辑

- Entrain brain waves using binaural beat technology to put listen in an alpha state, which organizes the body
使用双耳节拍技术来同步脑电波，让听觉处于阿尔法状态，从而组织身体
- Connect both brain hemispheres: good for children who get stuck in a narrow focus or become perseverate. Good for sensory modulation, regulation, and receptive learning
连接两边脑半球：对被局限于一个狭窄的焦点或坚持不懈的儿童是好的。对感觉调整，调节和接受学习是好的。
- Have an immediate impact on function
在功能上有即刻的影响

Protocol: 协议

- Must be listened to in its entirety—from beginning to end of album
必须完整地听 - 从专辑的开始到结束
 - Approximately 15-20 minutes long (Quickshifts)
大约15-20分钟的长度（快速转变）
 - Approximately 30 minutes long (Gearshifters)
大约30分钟地长度（变速杆）
- For use over headphones only
仅限耳机使用
 - Except children under 2 years of age
2岁以下儿童除外
- May be used:
可用于：
 - As an adjunct to a traditional Therapeutic Listening[®] progression
作为一个传统听乐治疗进程的附属
 - Within a traditional *Therapeutic Listening* progression
在一个传统听乐治疗进程之中
 - 1x/day or as needed in a sensory diet
一天一次或在感觉餐单中根据需求
 - As needed to decrease anxiety, compulsive behavior or as a set up for a stressful situation
根据需要来减少焦虑、强迫行为或为一个有压力的情形做准备
 - To set up: a treatment session, within a home program or sensory diet, or to support transitions throughout the day
设立：一个疗程，在一个家庭项目或感觉餐单中，或用以支持一天之中的过渡