Therapeutic Listening® App
for:

Apple Devices

Step 1

Open the "App Store"

Step 2

Search for "Therapeutic Listening"
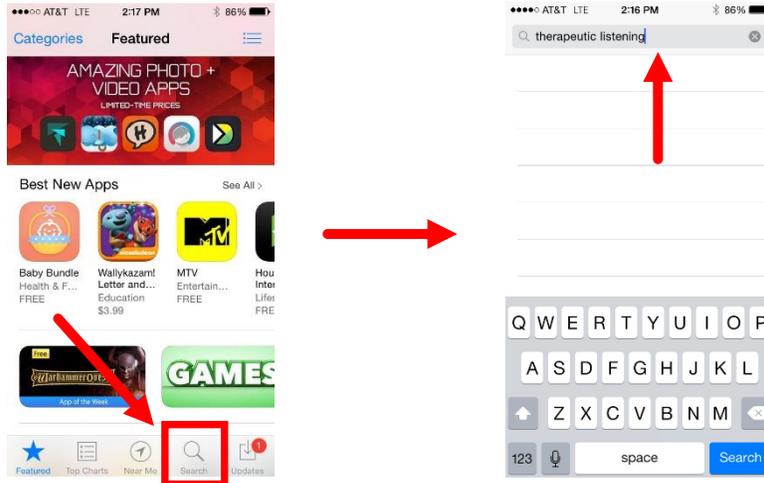
Step 3

Find the Therapeutic Listening app in the results list and select "GET" and then select "INSTALL"
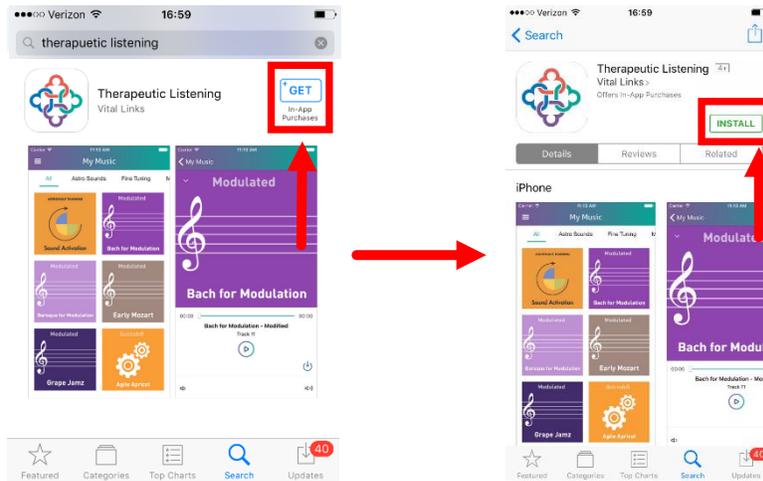
Step 4

Open the app in one of two ways:

1. Click on "Open"
while in the Store
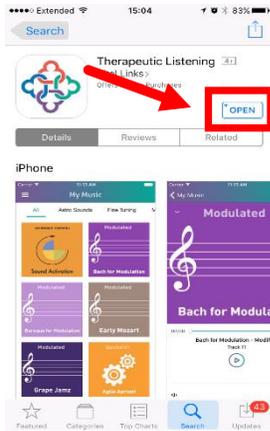
2. Locate the app on your Home
Screen and touch the icon to open
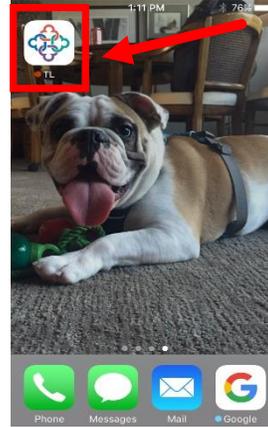
Step 5

There are two primary areas to navigate:

"Shop"   &   "My Music"
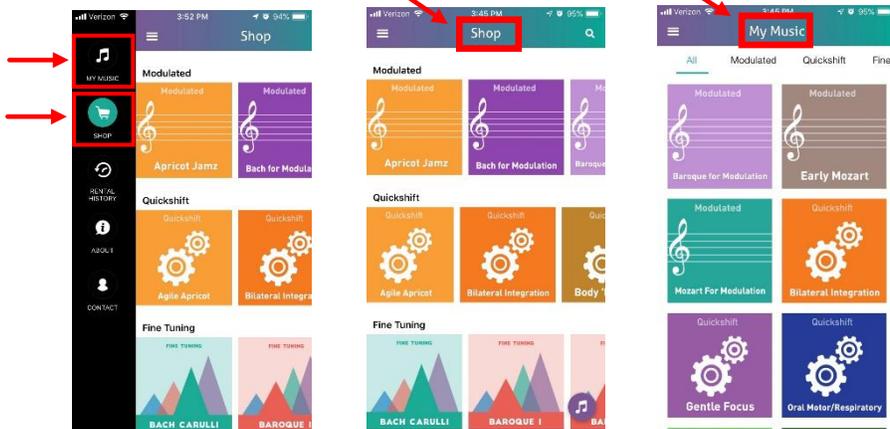
Step 6
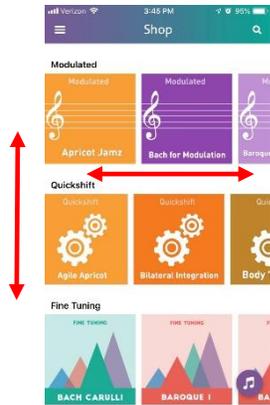
"Shop" is where you can purchase albums. Scroll up/down to locate the Album Category you wish to search. Then, swipe the album images left/right to locate the album you wish to access.

Once you locate your album, select the album image to review its details.

Step 7

Click the **"Buy"** button to purchase full access to an album or you have the option to Click **"Rent"** to purchase access for **2 weeks***
(*select albums only)

Albums are purchased/rented using your **Apple iTunes ID**. Transactions are considered In-App Purchases.

Step 8
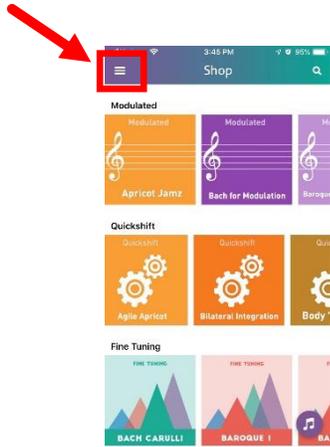
Once purchased, albums will be added to the TL App "My Music" section. To navigate to "My Music," click the menu icon (3 horizontal bars) in the top left.
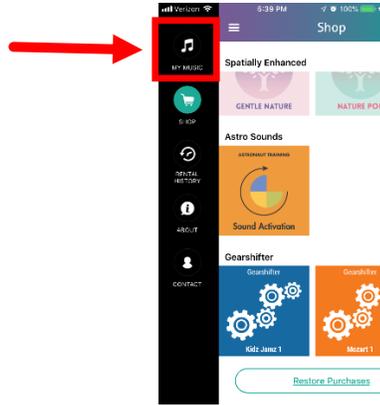
Enter "My Music" to access the album(s).

Step 9

Album Track Name
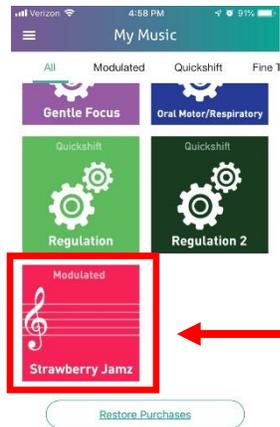
In "My Music," you'll find your purchase. Select the album image to enter the play screen.

Once downloaded, the "Play" button will appear and you can press it to begin the music selection.

FAQs

- Course Completion Number Disclaimer Pop-up Message:
  - To access Modulated Music albums, a Trained Therapeutic Listening Provider Number is necessary.
  - To access Fine Tuning Music albums, an Advanced Therapeutic Listening Provider Number is required.
- A device must have the ability to download an App from the Apple App Store in order to access the TL App.
- A device <u>requires</u> Wi-Fi or Data access to download the TL App and album purchases.
- A device <u>does not require</u> Wi-Fi or Data access to listen to purchased albums. "Airplane Mode" is recommended to avoid distraction during listening times.
- To access an album on multiple devices, the device must be signed into the same Apple iTunes ID account that the album was originally purchased under.
- The number of devices an Apple iTunes ID account can be connected to is determined by Apple; however, they typically allow up to 10 devices for an account to be signed into simultaneously.
- Album purchases are considered In-App purchases, which are not allowed as shareable items within an Apple Family Sharing Plan.
- Apple considers rentals as one-time subscriptions, which are not allowed to be shared/synced between devices, regardless of login credentials.
- Albums are not transferrable between Apple and Android devices.
- To regain access to your purchased albums, scroll to the bottom of "My Music" and select "Restore Purchases."
- Apple iPads, iPhones and iPod Touches are compatible with Therapeutic Listening headphones. Some devices may require a Lightning Headphone Jack Adapter to connect the headphones to the device.
- Albums are set to shuffle automatically within the app.
- Tech Tips:
  - Ensure your device and the TL App are updated to the most current versions.
  - Uninstall and reinstall the TL app to refresh the app, then "Restore Purchases."
  - Further Troubleshooting:
    - Go to https://vitallinks.com/support/contact/contact-us/ and select "Therapeutic Listening App" as your Submission Topic.