

Exploring Auditory Defensiveness: A Comprehensive Approach to Assessment & Treatment

Live Webinar • April 8, 2020

Course Summary

Do you truly understand the impact of the auditory system on function? What happens to our arousal level when there are disruptions in the way we process the sounds from our environment? How would it feel to be constantly bombarded by the sounds in your life? More importantly do you know how to treat from a whole body perspective when these challenges occur?

Signs and symptoms of auditory defensiveness may present themselves as classic sensory defensive behaviors. However, that is not the only manner in which disruptions in the auditory system and audition leave someone vulnerable to becoming defensive. These defensive processes start early in life and if not addressed will continue to impact an individual's level of participation and overall quality of life.



In this course, participants will explore the functional implications of auditory defensiveness and the direct link between the auditory system and primary movement patterns. This course will delve into the orienting-defensive continuum and the physiologic impact of a defensive response on movement patterns, arousal levels, and function.

Participants will begin to understand how auditory defensiveness and gravitational insecurity often present together and may represent an emerging sub-type of sensory defensiveness centered around spatial difficulties.

Video and case presentations will highlight simple auditory and movement treatment strategies essential for fostering fluid orienting and adaptability within the environment. This course is appropriate for individuals in private practice, schools, and community settings looking for new and innovative ways to address auditory defensiveness through both sound and movement approaches. No prior experience with auditory interventions is required to participate in this course.

Course Objectives

Upon completion of the course, participants will be able to:

- Differentiate between auditory defensiveness and auditory defensiveness originating from spatial difficulties.
- Identify the impact of a defensive response on an individual's movement and holding patterns.
- Select three treatment strategies essential to address auditory defensiveness from a whole body perspective.
- Recognize when to precisely implement each of the three different types of auditory treatment tools depending on client's clinical picture.

Course Materials

Registrants will receive an email within a week of the course containing instructions on how to access the webinar & printable course materials, such as, the PowerPoint handouts.

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Instructor

Sheila M. Frick; OTR/L, is an internationally esteemed clinician, lecturer and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration and auditory interventions. She created and continues to expand *Therapeutic Listening*, which she has taught to over 10,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. She is the creator and author of *Listening with the Whole Body*, and co-author of *Core Concepts in Action*, *Astronaut Training*, and *Out of the Mouths of Babies*.



Disclosure:

Financial - president of Therapeutic Resources, Inc. of which Vital Links is a subsidiary.

Non-financial - married to Ronald Frick, president of Vital Sounds, Inc.

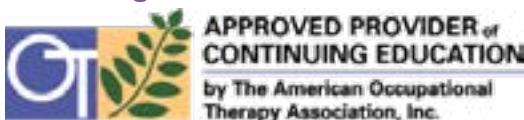
Disclaimer:

Some of the music selections (Quickshifts) that are used in the Auditory Defensiveness course are developed & sold only by Vital Sounds, Inc. This presentation will discuss Quickshifts & will not include detailed information on other binaural beat technology. Vital Sounds is a sister company of Vital links.

"Sheila did an exceptional job of preparing & presenting material. She was very welcoming to all participants. I appreciated how she continually engaged with us, asking & masterfully responding to the continual flow of questions (though we were all online, she kept us with her throughout the entire workshop). Extremely articulate with complex & clinical material. Her own passion & curiosity was evident."

--Lauree, OT

Continuing Education Units



This course offers 6.0 contact hours or 0.6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products or clinical procedures.

Vital Links is approved by the American Occupational Therapy Association (AOTA) as a provider of continuing education.

Level: Introductory

Target Audience: Occupational Therapy

Completion Requirements: Full Attendance, Participation, Test

Classification Code: Client Factors, Performance Skills, Intervention



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Wednesday, April 8, 2020

- 8:30 Check-In Period
- 9:00 Announcements & Introductions
- 9:10 Defining Auditory Defensiveness from the ground of the Orienting-Defensive Continuum
- 10:30 Short Break
- 10:40 Orienting-Defensive Continuum (*continued*)
- 11:40 Exploration of Sound Tools for the treatment of Auditory Defensiveness
- 12:25 Extended Break
- 1:05 Examining the Whole Body: Assessment & Treatment Strategies
- 2:20 Short Break
- 2:30 Practical Applications: Clinical Case Examples & Videos
- 4:00 Test
- 4:30 End of Course

**Times listed are in Central Time
(CDT/CST)**

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-  TOLL-FREE FAX 866-636-9720
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Registration Fee:

- ☐ \$195 Registration fee*
 - ☐ Add \$15 processing fee for purchase order without payment
- *Group Discount: Take an additional discount of \$15 per registrant for groups of 3 or more enrolling simultaneously

Participant Name (to appear on certificate/CEU documentation)

Mailing Address

City

State

Zip Code

Email Address

Personal Phone #

Work Phone #

Fax #

Profession:

- ☐ Occupational Therapy ☐ Physical Therapy
- ☐ Speech/Language ☐ Other _____

How did you first hear about this course?

Payment Method:

- ☐ Check or Money Order payable to **Vital Links**, or
- ☐ VISA ☐ MasterCard ☐ Discover ☐ Amex

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Cancellation Policy

Cancellations requesting a full refund must be in writing and received by Vital Links two weeks prior to the course; refund will not be granted after that date. Approved refunds will be issued after the final course date (minus \$50 processing fee). Cancellation requests may transfer full credit towards another Vital Links course if notification is received in writing at least 7 business days prior to the start date. Vital Links reserves the right to cancel any course with due cause and refund in full. There are basic computer/device requirements for Vital Links online and on-demand courses. Vital Links is not responsible for device compatibility issues, and it is each participant's responsibility to ensure their device is compatible with the noted platform and services.

Accessibility Policy

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